

What is the AlphaSphere DELUXE?

An extraordinary experience for mental relaxation and empowerment. Comparable to the fitness training of the body we offer a holistic training for your senses. It works as a completely new system for deep relaxation.

How does it work?

The AlphaSphere DELUXE is a SensorySpace which takes you on a SensoryJourney – through sounds, lights, colours, scents, warmth and gentle vibrations – all inspired by therapeutic approaches like sound therapy, colour therapy, aroma therapy and various massage techniques.

What's behind it?

Art and science join hands: the AlphaSphere DELUXE combines contemporary therapeutic findings from energy medicine with the latest results from perceptual research.



What effect does it have?

Totally relaxing, reenergizing and inspiring. It achieves this simply and effortlessly, immediately, regardless prior knowledge or practice. This experience empowers your mental balance and activates your self-healing abilities.

Is there any scientific evidence?

Several independent studies describe the positive effects on stress reduction and on concentration and performance enhancement. The University of Vienna in the quote: *»Most users of AlphaSphere feel significantly better, more satisfied and feel a more positive mood.«*

Who is it for?

For people who want to strengthen their physical and psychological equilibrium and enhance their perceptions, while enjoying sensory pleasure.

BASIC Blue

Balancing and calming.
The perfect entry.

25 Minutes

SENSITIVE Pink

Soft, gentle and inspiring.
For the sentimental moment.

25 Minutes

INTENSE Red

Intense and wide.
For a strong and
deep sensation.

25 Minutes

ENERGY Orange

Activating and revitalizing.
Recharge with new power.

25 Minutes

DELUXE the whole Spectrum

From soft to intense.
Space- and timeless.
In double length!

50 Minutes



The Austrian Artist and Innovator SHA. creates SensorySpaces for holistic experience.

SHA. acts globally – you will find his projects at more than 300 locations in 35 countries.

His works have been awarded internationally – e.g. the »European Health & Spa Award 2015«.

www.sha-art.com